

Knights of Columbus Council #14349 /Sacred Heart
Spring Grove, PA

Next Meeting: 03/16/10 at 7 PM.

Council Meetings are held every third Tuesday at Sacred Heart Parish Center/ 1031 Sprengle Rd. Spring Grove, PA 17362

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About Our Organization

The Knights of Columbus is a Catholic men's fraternal organization. The Knights of Columbus provide social and intellectual fellowship for the members and their families. The fellowship is developed by the members' participation in educational, charitable, religious, social welfare, war relief and public charity projects.

The Sacred Heart Council of Spring Grove, PA has as its mission to perform good and charitable deeds that benefit the Sacred Heart Roman Catholic parish of Spring Grove, PA and the general Spring Grove and greater York, PA communities. Our monthly council meetings are for members only. However membership in our Council is open to any man of good character who is also a practicing Catholic. If you believe you would like to join our society, please contact Chuck Becker, our Grand Knight to arrange for an interview. []



Grand Knight's Message

Charles Becker, Grand Knight

Please check this space next month for Fred's column.

Charles Becker

Grand Knight

Lenten Dinners Roll Along!

For the third year, The Sacred Heart Knights of Columbus Council is providing meatless dinners for three Fridays during Lent for the Sacred Heart Parish community.



Figure 1: File Picture of one of our KofC Meals from 2009

As of this writing we have hosted dinners on February 19th and March 5th of 2010. Both dinners were very successful. There is one Lenten dinner remaining this year which will be held on March 19th.

Dinner Menu:

Entrees: Fish dinners, Crab Cake dinners, Fish sandwiches, Popcorn shrimp, Pizza.

Sides: Green beans, Coleslaw, Mac and cheese.

Deserts: Baked Goods.

Beverages: Soft drinks.

We will need members to assist in the set up, cooking, serving and clean up. We would also appreciate it if members, or their wives could prepare the baked goods that will be used for the desserts.



Figure 2: File Picture of some of the Kitchen Team from 2009

If you will be supplying a dessert we request that you keep in mind the ability for the dessert to be safely stored and displayed. Conventional fruit pies, Cakes and Cookies are OK¹. Please wrap the dessert appropriately and include a tag with your name and the main ingredients used especially if peanuts, walnuts, or almonds, etc are in the dessert (food allergies).

Desserts for the dinner to be held March 19th can be brought to the Council meeting at 7 PM on 3/16/10 where they will be placed in the refrigerator. In addition deserts can be delivered to Todd Lau's residence (4469 Estate Dr. York, PA, 717-887-3600). Please call Todd ahead to make arrangements for a mutually convenient drop off time. Finally deserts can be delivered to members of the chef's committee at the Parish Hall on 3/18 and 3/19 between 5 and 6 PM.

These dinners have always been an enjoyable part of the Lenten season. Hope to see you there.

Council Members attend PSU CE Class on Cooking

Written by: Fred Oleson

With the full encouragement of our Grand Knight and Council Officers, 5 members of our Council who regularly lead our Council dinners attended the 3 hour "Cooking for Crowds" class at Penn State Cooperative Extension on March 9th.

The class was held from 7 to 10 PM on March 9, 2010. The class was presented by Marcia Weber, extension educator, at the Penn State Cooperative Extension facility located at 112 Pleasant Acres Road. Attendees from our Council were:

1. John Ward
2. Ron Gallant
3. Anthony Gasiorowski
4. Todd Lau
5. Fred Oleson

¹ However we ask that you **avoid supplying** the following items: Custard pies, Cream pies, Cream filled cupcakes, frostings and fillings made with cream cheese.

The class was geared for non profit organizations that prepare meals for the general public. The class covered topics related to safe food preparation and handling.

In the class we learned that our conduct of our dinners to date have followed many of the best practices discussed in the course. Among them:

1. Our use of separate stations in the kitchen for preparing specific food items and that our people are assigned to a specific station.
2. Our insistence on good hygiene by our people participating in food prep and serving, especially thorough hand washing.
3. Our use of latex gloves for people handling food.

As part of the class we also learned areas where we could enhance our current process.

1. We could more clearly communicate with the providers of our desserts as to the types of desserts that best lend themselves to safe storage and display.
2. We could have our food preparers wear KofC baseball caps to prevent inadvertent hair to hand contact.
3. We could label our “to go” dinner containers with labels that recommend time limits for container transport and food consumption. (Sample labels were provided).

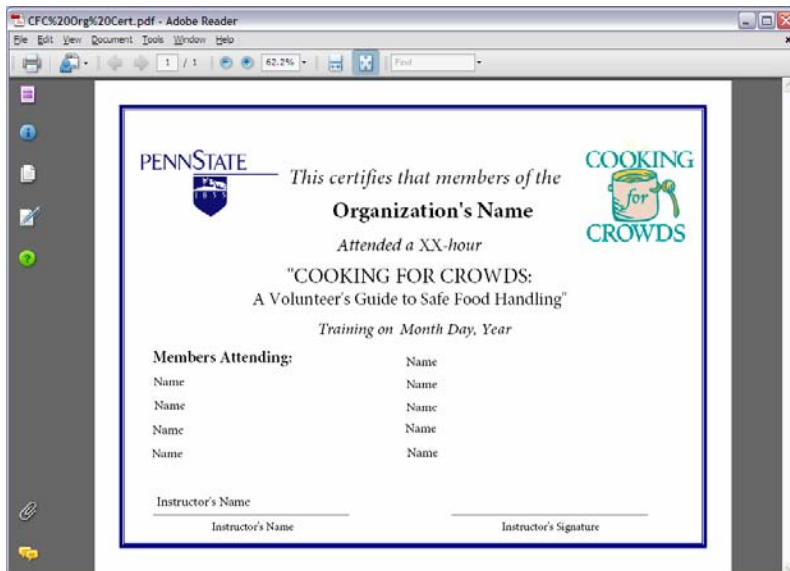


Figure 3: Sample Penn State CE certificate for class attendance.

Marcia Weber concluded the class by complimenting our Council and the members who attended on their conscientiousness in learning about safe food handling techniques and their enthusiasm in wanting to apply the new material they had learned. Marcia then presented individual course attendance certificates to each of our Council's attendees. In addition Marcia will be writing to the state to obtain an "Organizational Certificate" for our Council as shown in Figure 3.

We can all be proud of the time and effort that our members have put into holding our dinners. We can also be proud of the time they donated on March 9th to receive advanced state instruction on the best practices for food storage, handling and preparation.

First Highway Clean Up of 2010!

Information Provided by Todd Lau.

Todd Lau has tentatively set our first "Adopt a Highway" clean up of 2010 for March 27, 2010. As always, safety of our clean up participants is of primary importance. Therefore in the case of inclement weather that would make the clean up hazardous, Todd will establish a rain date. The specific rain date will be discussed and set at the Council meeting on 3/16/10.



Based on our experience from our clean ups of 2009, Todd has developed a well organized process for this activity.

If you wish to participate please meet at the picnic area of the Sacred Heart parish center at 9:00 AM on the 27th. At that time Todd will present a short safety briefing and hand out reflective vests and gloves. Todd will also form the participants into teams and assign each team a section of the road to work on. The clean up will likely take about 2 hours.

When the clean up is completed we will reform at the parish center for a debrief, and maybe some snacks.

WebSite Upgrade Discussed

Last month Fred Oleson of our Website upgrade committee led a discussion with council members about a proposal to upgrade our Sacred Heart Knights of Columbus website. There was general council support for the upgrade activity and many good suggestions from the members. Among them the idea that we should have links from our web site to websites of other local KofC councils. The website committee was also asked to determine if it would be feasible for members and officers to upload and track their volunteer hours through the website. It was further suggested that in our "Directions" page we have a link to "Google Maps" so that the site user could compose and print their own directions and map to our meetings and activities.

Figure 6: Current Sacred Heart KofC C Council Home Page



The website committee will integrate these new ideas with the original proposal and prepare a prioritized schedule for continuing the upgrade activity. To complete the scheduling activity, we will need the names of additional council members who would be willing to provide the initial content for the new website screens.

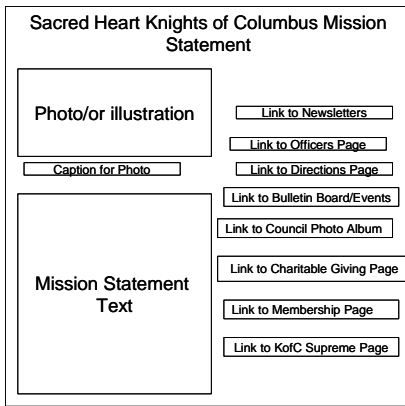


Figure 7: Schematic of the upgraded Sacred Heat KofC Council WebPage with links for 8 new screens.

Please contact Fred Oleson (793-7108), Dave Livelsberger, or Tom Ruth if you would like to work on this activity with us.

Lecturer's Forum

By Fred Oleson 717-793-7108

As the council's Lecturer part of my mission is to make sure that our members receive the information and training needed to help them in their council activities and also their personal lives.

The Web site mentioned above is one initiative to improve our council member's access to information relevant to the operation of our Council. The class at the Penn State CE that many of our people attended on March 9th (discussed earlier in the newsletter) was an initiative to help the members engaged in specific project have access to "best practice" information. If you wish to initiate a council activity, but you think you need additional information, or training, please contact me and I will be glad to assist you.

In addition, if there is information you believe would be helpful to you, or other members in terms of their personal lives please contact me and we can work on the best way to provide that information to the members.

Regards- *Fred*

Planning Calendars:

Planning Calendar_March-2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------|--------------------|-----------|---------------------------|-----------------------|--------------------------|
| | 1 | 2 | 3 | 4 | 5 Lenten Dinner 5 PM | 6 |
| 7 | 8 Deadline for Articles | 9 | 10 | 11 Newsletter Distributed | 12 | 13 |
| 14 | 15 | 16 Council Meeting | 17 | 18 | 19 Lenten Dinner 5 PM | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 Highway Clean Up 9 AM |
| 28 | 29 | 30 | 31 | | | |

Planning Calendar_April-2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------|--------------------|-----------|---------------------------|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 Deadline for Articles | 13 | 14 | 15 Newsletter Distributed | 16 | 17 |
| 18 | 19 | 20 Council Meeting | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Knights of Columbus Insurance Corner

By Jim Short

For our church and for each of us in the church - Holy Week and finally Easter Sunday is something we look forward to every year. Spiritually we celebrate a "New Life" in Christ. But it provides us with an opportunity to consider "New Life" within our families - these new life changes come in different ways in our families. We have new births; we age, grow, learn, scatter, gather and experience death within our earthly families. With God's help, we make it through all these changes in life. However, these changes can also send a signal to us, that we should step back and examine our financial situation. The Knights of Columbus can help you do that - our Life Insurance, Long Term Care and Annuity/IRA products are among the finest in the industry. Spring time is the perfect time to for that financial review.

Contact me – Jim Short, your Council Field Agent at (717) 332-3999 (or e-mail at Jim.Short@KOFC.org) if you have questions or need information about your fraternal benefits.

God Bless, - *Jim*

Chaplain’s Message
By Father Tom Marikovic

Please check this space next month for Father Tom’s column.

Please pray for our sick



These parishioners of Sacred Heart, or relations of our Council need our prayers.

| | | |
|--------------|----------------|---------------|
| Gladys Batts | * | Jean Moran |
| George Kern | Lee Benton | Frank DeCello |
| Toni Kern | Francis Martin | Sandy Bailey |
| Carly Smith | Mary Roller | |
| Ed Chmiel | Tom Kennedy | |

Thank you for your compassion.

*We have been remembering Joe Orie in our prayers for these past two years. The editor of this newsletter notes that Joe passed on early last month, and offers the following prayer. “May the angels lead Joe Orie into Paradise, may the Martyrs receive him at his coming and take him to Jerusalem the holy city. May the choirs of Angels receive him, and may Joe Orie with the once poor Lazarus have rest everlasting.”